

REGULATIONS OF LOOP FITNESS NETWORK CLUBS

These regulations (hereinafter referred to as the "**Regulations**") define the rules for the use of sports facilities within the network of fitness clubs run under the Loop Fitness brand (hereinafter referred to as the "**Club**") by International Circle Fitness Poland sp. z o. o. with its registered office in Warsaw, at ul. Cybernetyki 10 , 02-677 Warszawa, entered into the register of entrepreneurs kept by the District Court for the Capital City of Warsaw in Warsaw, 12th Commercial Division of the National Court Register under KRS number 0000687649, NIP 5272814883, REGON 367882754, conducting business in the field of providing fitness services (hereinafter referred to as "**Loop**").

I. General provisions

1. Only persons authorized to use the Club's services may stay on the Club premises.
2. The Club's staff is entitled to check the identity of the person using the Club in order to verify their authorization to use individual services.
3. A person using the Club's services will be hereinafter referred to as a "**Club Member**".

II. General rules for using the Club

1. The Club's services can be used in the case of loops with machines and group classes by people who are over 15 years old, with the exception of group classes aimed at minors (classes for children), which can also be used by people who are under 15 years old,
2. Persons who are over 15 years of age and under 18 years of age may use the Club's services:
 - a. in the presence of an adult guardian or
 - b. after the statutory representative (parent, legal guardian) gives written consent to use the Club independently.In case of doubts as to the authenticity of the parent's (legal guardian's) declaration of consent, the Club staff may request that this declaration be submitted to the Club in the presence of the Club staff.
3. A Club Member is obliged to use the rooms, devices and equipment made available in the Club in a manner consistent with their intended purpose.
4. On the premises of the Club it is strictly forbidden to:
 - a. bringing, consuming, using and being under the influence of alcoholic beverages, drugs and other intoxicating substances;
 - b. smoking and using electronic cigarettes;
 - c. shouting and using words commonly considered vulgar and offensive;
 - d. trade and canvassing, as well as sticking and leaving advertisements and leaflets;
 - e. photographing and filming for commercial purposes without Loop's consent ;
 - f. introducing animals;
 - g. bringing dangerous tools, weapons, pyrotechnic, flammable and explosive materials;
 - h. running a business without Loop's consent , in particular personal training,
 - i. minors remaining unattended.
5. Club members staying at the Club premises are obliged to:
 - a. compliance with generally accepted principles of social coexistence, principles of good behavior and respect towards other exercising persons;
 - b. refrain from behavior that may expose the provided property to damage or destruction;
 - c. maintaining cleanliness and generally accepted hygiene standards;
 - d. comply with the instructions of the Club staff;

- e. read the instructions for using the equipment (or obtain information from the Club staff if there is no such manual for the equipment) before using it;
 - f. exercise due caution when using the Club's equipment and facilities;
 - g. putting away used equipment in the place designated for this purpose;
 - i. leave the Club premises by the applicable closing time.
6. Loop is not liable for damage resulting from the Club Member's actions or his fault, in particular resulting from using the equipment in a manner inconsistent with its intended purpose, including in a manner inconsistent with the operating instructions or instructions of the Club staff, unless the damage occurred Loop 's fault .
7. A Club Member is obliged to adjust the load to his/her capabilities, and in the event of lack of appropriate knowledge regarding his/her own capabilities, he/she is obliged to inform the Club staff about this.
8. The Club's staff does not have medical education. In case of any doubts regarding their physical fitness or ability to perform physical exercises, the Club Member should seek a medical opinion before exercising. Loop is not liable for any damage resulting from the Club Member's failure to comply with the above instructions.
9. A Club Member using the Club's services is obliged to wear clean clothes and to change shoes into clean sports shoes while on the Club premises. Footwear should be changed in the cloakroom, before going to other rooms. Sports footwear must be appropriate for the type of exercise performed. Some classes require participation without shoes or the use of special shoes, which will be informed by the Club staff.
10. A Club Member is obliged to store his or her personal belongings in the lockers located in the cloakroom.
11. Loop informs that the Club's rooms, excluding locker rooms and bathrooms, may be monitored using a network of CCTV cameras to ensure security. Loop is not responsible for any personal belongings of a Club Member left on the premises of a given Club.

III. Gym, loop and group classes

1. When using the gym, loops or group classes, the Club Member is obliged to follow the recommendations and instructions of the Club staff, in particular the trainer or instructor of group classes.
2. When exercising using sports equipment, the Club Member is obliged to use a towel placed on the equipment he uses.
3. Training at the gym is not limited by time, subject to the opening hours of the Club.
4. Before starting the first loop training, the Club Member or exerciser is obliged to undergo introductory training with a Club employee. Loop training should be performed in accordance with the assumptions adopted by Loop , i.e.:
 - a) training should start with any machine of your choice;
 - b) if possible, keep at least one machine away from the next person exercising in the loop;
 - c) training begins when you hear the gong signal, and after each subsequent gong signal, you should continue training on the next machine, moving counterclockwise;
5. Participation in group classes requires prior reservation of a place for a given class. Reservations can be made using the online registration system on the website www.fitssey.com.
6. Loop reserves the right to cancel group classes no later than two hours before the start time of a given group class if the number of Club Members registered for these classes is less than

4 (four) people. Club Members are informed about the cancellation of classes in such a situation via e-mail to the indicated e-mail addresses of Club Members.

7. A Club Member may make a reservation 48 hours before the start time of a given group class, and cancel a reservation for a given group class no later than two hours before their start. Reservations and cancellations can be made using the online registration system on the website www.fitssey.com.

8. In the event of a Club Member's absence from group classes in accordance with the reservation made or cancellation of participation in already booked group classes by the Club Member less than 2 hours before the start of the given group classes, in the event of 3 (three) such absences in a row, the Club Member will not be had the opportunity to make a reservation for group classes for the next 30 (thirty) days. After the indicated deadline, the above blocking of the possibility of registering for group classes shall apply accordingly.

9. A Club Member is obliged to report his/her presence each time before booked group classes at the Club reception and then enter the group class room on time. For safety reasons, the Club staff may ask a late Club Member to leave the room.

10. Only making a reservation, reporting your presence at the Club reception before the classes and arriving on time at the group classes guarantee participation in the given group classes. If a Club Member is late, his/her reserved place in group classes may be taken by a Club Member from the reserve list.

11. The admission of Club Members who have not booked a place (including those who are unable to do so due to blocking or failure to provide data) or are on the reserve list to be admitted to the group exercise room is made solely by the Club's reception staff (not the person leading group classes).

12. If the group class instructor has any doubts as to whether the number of people in the group class room is consistent with the number of people who have made a reservation for the class, the instructor is entitled to download a list of registrations from the reception desk and verify the identity of the people staying in the room, with the possibility of request that people who are not on the list leave the room.

13. A Club member attending group classes for the first time is obliged to inform the group classes Instructor about this fact before starting group classes.

14. Health-promoting group classes are preventive in nature and do not constitute a medical consultation.

15. Only the Club's staff is authorized to control the Club's audio equipment, air conditioning and lighting.

16. Only the Club staff decides on opening or closing doors and windows.

17. Loop reserves the right to change the start and end times of group classes, change the type and form of classes or the instructor, and cancel group classes in emergency situations or in the event of changes to the schedule.

IV. Final Provisions

1. The regulations are available in the Club and on the website www.loopfitness.pl.

2. Loop is entitled to change the content of the Regulations. If the Regulations are part of a continuous contract, they are changed on the terms described in detail in the General Terms and Conditions of the Contract available in the Club and on the website www.loopfitness.pl.

3. The provisions of the Regulations should be interpreted together with the content of the General Terms and Conditions of the Agreement.